Autism-Friendly Art Activities

Texture Discovery Board

Grades K–5

30–45 minutes

Sensory + Fine Motor

Students create a board using different textures such as foam, felt, buttons, paper, and craft sticks.

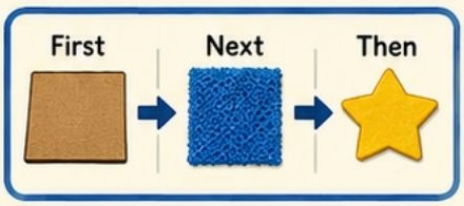


Adaptations

Offer texture choices.



Use a visual first/next/then sequence.



Allow individual workstations.



Celebrate creativity. Support individuality.

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